Week 1: June 11 – June 15

Monday Tues	Monday Tuesday Wednesday Thursday Friday		lay	
7:30am – 9:00am	<u>7:30am – 9:00am</u>	<u>7:30am – 9:00am</u>	<u>7:30am – 9:00am</u>	<u>7:30am – 9:00am</u>
Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time
9:00am – 9:30am	<u>9:00am – 10:00am</u>	9:00am – 10:00am	9:00am – 10:00am	9:00am – 10:00am
SDC Orientation	Morning exercise Daily walk	Morning exercise Daily walk	Morning exercise Daily walk	Morning exercise Daily walk
9:30am – 12:00 pm	10:00am -12:00pm	10:00am - 12:00 pm	10:00am -12:00pm	10:00am -12:00pm
Outside Games and Activities	Swimming at Denton Street Pool	Outside Games and Activities	Swimming at Denton Street Pool	Outside Activities
			*Bathing suit and	Kickball Game
	Bathing Suit and towel required		towel required*	Ages 5-8 first game
	•			Ages 9-12 second game
12:00pm – 1:00pm Lunch	12:15pm – 1:00pm Lunch	<u>12:00pm – 1:00pm</u> Lunch	<u>12:00pm – 1:00pm</u> Lunch	12:00pm -1:00pm Lunch
* Provided *	* Provided *	* Provided *	* Provided *	* Provided *
1:00pm – 3:30pm	1:00pm – 3:30pm	1:00pm – 3:30pm	1:00pm – 3:30pm	1:00pm - 3:30pm
Gym Activities &	Art Project Pom-Pom	Gym Activities Group Games	Board Games	Art Project Pom-Pom
Structured Free Time	ice-cream cone	Group Games	Structured Free Time	Ice-cream cones
3:30pm – 4:00pm Afternoon Snack (Not Provided)	3:30pm -4:00pm Afternoon Snack (Not Provided)	3:30pm –4:00pm Afternoon Snack (Not Provided)	3:30pm – 4:00pm Afternoon Snack (Not Provided)	3:30pm – 4:00pm Afternoon Snack (Not Provided)
4:00pm – 5:00pm	4:00pm – 5:00pm	4:00pm – 5:00pm	4:00pm – 5:00pm	4:00pm – 5:00pm
Structured Free Time	Structured Free Time	Structured Free Time	Structured Free Time	Structured Free Time
5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup	<u>5:00pm – 5:30pm</u> Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup

*All trips are subject to change

No Swimming or Field Trips this week

^{*}Please bring correct change for all trips

^{*}Closed toe shoes are required daily and shorts are recommended

^{*}Schedules can be viewed at http://www.rockymountnc.gov/parks/

Week 2: June 18 – June 22

Monday Tuesday Wednesday Thursday Friday				
7:30am – 9:00am	<u>7:30am – 9:00am</u>	7:30am – 9:00am	<u>7:30am – 9:00am</u>	<u>7:30am – 9:00am</u>
Sign in and structured free time				
9:00am - 10:00am	<u>9:00am – 10:00am</u>	<u>9:00am – 10:00am</u>	<u>9:00am – 10:00am</u>	<u>9:00am – 10:00am</u>
SDC Orientation	Morning exercise Daily Walk	Morning exercise Daily Walk	Morning exercise Daily Walk	Morning exercise Daily Walk
10:00am -12:00pm	<u> 10:00am – 12:00pm</u>			
Inside Games (Gym)	Swimming at Denton Street Pool	Outside Games and Activities	Swimming at Denton Street Pool	Outside Games and Activities
	Bathing suit and towel required		*Bathing suit and towel required*	
12:00pm – 1:00pm				
Lunch	Lunch	Lunch	Lunch	Lunch
*Provided	*Provided	*Provided	*Provided	*Provided
1:00pm - 3:30pm	1:00pm - 3:30pm	1:00pm – 3:30pm Braswell Library	1:00pm - 3:30pm	1:00-3:30pm
Movie at BTW Theater	Art Project Camp Banner	Snake Alive	Outdoor Games Weather Permits	Continue Art Project Camp Banner
3:30pm – 4:00pm				
Afternoon Snacks (Not Provided)	Afternoon Snack	Afternoon Snack	Afternoon Snack	Afternoon Snack
Board Games	(Not Provided) Structured Free play	(Not Provided) Gym Activities	(Not Provided) Structured Free Play	(Not Provided) Structured Free Play
4:00pm – 5:00pm				
Structured Free Time				
5:00pm – 5:30pm Reflection Time Pickup				

*All trips are subject to change

^{*}Please bring correct change for all trips

^{*}Closed toe shoes are required daily and shorts are recommended

^{*}Schedules can be viewed at http://www.rockymountnc.gov/parks/

Week 3: June 25 – June 29

Monday Tues	dayWed	nesday Th	ursda <u>y</u> Frid	ay
7:30am – 9:00am Sign in and structured free time	7:30am – 9:00am Sign in and structured free time	7:30am – 9:00am Sign in and structured free time	7:30am – 9:00am Sign in and structured free time	7:30am – 9:00am Wet and Wild Ages (9 – 12) Sign in and structured free time
9:00am – 9:30am SDC Orientation	9:00am – 10:00am Morning exercise	9:00am - 2:30pm Gillette	9:00am – 10:00am Morning exercise	9:00am – 9:30am Morning exercise Daily Walk
9:30am – 12:00pm Outside Games and Activities	10:00am – 12:00pm Swimming at Denton Street Pool *Bathing suit and towel required*	Park Wilson, NC Bag Lunches	10:00am – 12:00pm Swimming at Denton Street Pool *Bathing suit and towel required*	9:30am – 12:00pm Outside Games and Activities
12:00pm – 1:00pm Lunch *Provided	12:00pm – 1:00pm Lunch *Provided		12:00pm – 1:00pm Lunch *Provided	12:00pm – 1:00pm Lunch *Provided
1:00pm – 3:30pm Group Activities Game Shoe Scramble	1:00pm – 3:30pm Art Project	2:30pm – 3:30pm Spray Park on Site	1:00pm – 3:30pm Art Project and or Crafts	1:00pm – 3:00pm Bowling at Rocky Mount Lanes \$4.00
3:30pm-4:00pm Afternoon Snack (Not Provided) Board Games	3:30pm-4:00pm Afternoon Snack (Not Provided) Structured Free Time	3:30pm-4:00pm Afternoon Snacks (Not Provided) Group Activities Gym	3:30pm-4:00pm Afternoon Snack (Not Provided) Card Games & Board Games	3:00pm-4:30pm Bowling Afternoon Snack (Not Provided)
4:00pm – 5:00pm Structured Free Time	4:00pm – 5:00pm Structured Free Time	4:00pm – 5:00pm Structured Free Time	4:00pm – 5:00pm Structured Free Time	4:30pm – 5:00pm Structured Free Time
5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup

*All trips are subject to change

*Please bring correct change for all trips

*Closed toe shoes are required daily and shorts are recommended

*Schedules can be viewed at http://www.rockymountnc.gov/parks/

CITY OF ROCKY MOUNT PARKS AND RECREATION SUMMER DAY CAMP

South Rocky Mount Community Center

Week 4: July 2 – July 6

Monday Tues	day Wed	nesday Th	ursd <u>ay</u> Frid	ay
7:30am – 9:00am	7:30am – 9:00am		<u>7:30am – 9:00am</u>	<u>7:30am – 9:00am</u>
Sign in and structured free time	Sign in and structured free time		Sign in and structured free time	Sign in and structured free time
<u>9:00am – 9:30am</u>	<u>9:00am – 10:30am</u>		<u>9:00am – 10:00am</u>	9:00am – 9:30am
Morning exercise Daily Walk	Morning exercise		Morning exercise	Morning exercise Daily Walk
<u>9:30am – 12:00pm</u>	<u> 10:30am – 3:00pm</u>	4 TH OF JULY	10:00am-12:00pm	9:30am – 12:00pm
Outside Games and Activities	River Park North	HOLIDAY	Swimming at Denton Street	Outside Games and Activities
	Greenville,	CLOSED	Pool	
	NC		*Bathing Suit and towel required	
	(Bag Lunches)			
12:00pm – 1:00pm	3:00pm – 4:00pm		12:00am -1:00pm Lunch	12:00pm – 1:00pm
Lunch *Provided	Structured Free Time In Gym		Provided	Lunch *Provided
1:00pm - 3:00pm	4:00pm – 4:30pm		1:00pm -2:00pm	1:00pm – 4:30pm
Movie at BTW Theater	Afternoon Snack (Not Provided)		Structured free play	Star City Skate and Play \$4.50
3:00pm-5:00pm	4:30pm-5:00pm		2:00pm – 4:30pm Arts and crafts	4:30pm-5:00pm
Afternoon Snack (Not Provided)	Afternoon Snack (Not Provided)		4:30pm – 5:00pm Afternoon snack	Afternoon Snack (Not Provided)
			(Not Provided)	
5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection time Pickup		5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup

*All trips are subject to change

^{*}Please bring correct change for all trips

^{*}Closed toe shoes are required daily and shorts are recommended

^{*}Schedules can be viewed at http://www.rockymountnc.gov/parks/

Week 5: July 9 – July 13

Monday Tues	dayWed	nesday The	ursda <u>y</u> Frid	ay
7:30am – 9:00am	7:30am – 9:00am	<u>7:30am – 9:00am</u>	7:30am – 9:00am	7:30am – 9:00am
Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time
9:00am - 10:00am	9:00am – 10:00am	9:00am – 12:30pm	9:00am -10:00am	9:00am -10:00am
Morning exercise Daily Walk	Morning exercise Daily Walk	Field Day	Morning exercise Daily Walk	Morning exercise Daily walk
<u>10:00am – 12:00pm</u>	<u> 10:00am – 12:00pm</u>	Sunset Park	<u> 10:00am – 12:00pm</u>	<u> 10:00am – 12:00pm</u>
Puppet Show – District Three Ministry	Swimming at Denton Street Pool	Party Pack \$2.00 Carousel, train ride & Spray Park	Swimming at Denton Street Pool	Outside Games and Activities
	Bathing suit and towel required	Lunch (cookout at Sunset Park)	*Bathing Suit and towel required	
12:00pm – 1:00pm	12:00pm – 1:00pm	*Provided	<u> 12:00pm – 1:00pm</u>	12:00pm – 1:00pm
Lunches	Lunch		Lunch	Lunch
*Provided	*Provided		*Provided	*Provided
1:00pm-3:30pm	1:00pm - 3:00pm	1:30pm – 4:00pm	1:00pm – 3:00pm	1:00pm - 3:00pm
Spray Park on site Please bring swim wear and towel	Structured Free Play	Fun in the Park Free Play	Arts and crafts	Bowling at Rocky Mount Lanes
and tower				\$4.00
3:30pm-5:00pm	3:00pm-5:00pm	4:00pm-5:00pm	3:00pm-5:00pm	3:00pm-5:00pm
Afternoon Snack (Not Provided)	Talent Show Practice Afternoon Snack (Not Provided)	Afternoon Snack (Not Provided)	Games Afternoon Snack (Not Provided)	Bowling Afternoon Snack (Not Provided)
5:00pm – 5:30pm ReflectionTime Pickup	5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup

*All trips are subject to change

*Please bring correct change for all trips

^{*}Closed toe shoes are required daily and shorts are recommended

^{*}Schedules can be viewed at http://www.rockymountnc.gov/parks/

Week 6: July 16– July 20

Monday Tues	day Wed	nesday Th	ursda <u>y</u> Frid	lay
7:30am – 9:00am Sign in and structured free time	7:30am – 9:00am Sign in and structured free time	7:30am – 9:00am Sign in and structured free time	7:30am – 9:00am Sign in and structured free time	7:30am – 9:00am King's Dominion Ages 9-12 Sign in and structured free time
<u>9:00am – 9:30am</u> Daily Walk	9:00am – 10:00am Morning exercise	9:00am – 10:00am Morning Exercise Daily Walk	9:00am – 10:00am Morning exercise	8:00 pm - 5:00 pm Kings
9:30am – 12:00pm Outside Games and Activities	10:00am – 12:00pm Swimming at Denton Street Pool *Bathing suit and towel required*	10:00am-12:00pm Board Games Craft	10:00am – 12:00pm Swimming at Denton Street Pool *Bathing suit and towel required*	Sound
12:00pm - 1:00pm Lunch *Provided 1:00pm - 3:00pm Movie at BTW Theater 3:00pm-5:00pm Balloon Basketball	12:00pm – 1:00pm Lunch *Provided 1:00pm – 3:00pm Movie on Site Popcorn Party 3:00pm-5:00pm Afternoon Snack (Not Provided)	12:00pm – 1:00pm Lunch *Provided 1:00pm-3:00pm Braswell Memmorial Library Magish 3:00pm-4:30pm Structured Free Play Afternoon Snack (Not Provided)	12:00pm – 1:00pm Lunch *Provided 1:00pm-2:20pm Arts and Crafts 2:30pm – 4:00pm Sonic \$1.50 per participant 4:00pm-5:00pm Games Afternoon Snack (Not Provided)	
5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup	4:30pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup	5:00pm – 5:30pm Reflection Time Pickup

^{*}Please bring correct change for all trips

^{*}Closed toe shoes are required daily and shorts are recommended

^{*}Schedules can be viewed at http://www.rockymountnc.gov/parks/

Week 7: July 23 – July 27

Monday Tues	day Wed	nesday Th	ursda <u>v</u> Frida	ay
7:30am – 9:00am	7:30am - 9:00am	7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am
Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time
<u>9:00am – 9:30am</u>	<u>9:00am – 10:00am</u>	<u>9:00am – 4:00am</u>	<u>9:00am – 10:00am</u>	9:00am – 9:30am
SDC Orientation	Morning exercise	Field Trip	Morning exercise	Morning Exercise
9:30am – 12:00pm	<u> 10:00am – 12:00pm</u>	to	<u> 10:00am – 12:00pm</u>	9:30am – 12:00pm
Outside Games and Activities	Swimming at Denton Street Pool	Raleigh	Swimming at Denton Street Pool	Outside Games and Activities
	Bathing suit and towel required	Museum Of Life	*Bathing suit and towel required*	
		and		
12:00pm – 1:00pm	12:00pm – 1:00pm	Science (Bag Lunches)	<u>12:00pm – 1:00pm</u>	<u>12:00pm – 1:00pm</u>
Lunch	Lunch	,	Lunch	Lunch
*Provided	*Provided		*Provided	*Provided
1:00pm – 3:30pm	1:00pm – 3:00pm		1:00pm – 3:00pm	1:00pm – 2:00pm
Art Project	Art Project/Sand Painting		Group Games	Structured Free Time
3:30pm-5:00pm	3:00pm-5:00pm	4:00pm-4:30pm	3:00pm-5:00pm	2:00pm-4:00pm
Movies	Art – Sand Painting	Afternoon Snack (Not Provided)	Board Games and Afternoon Snack	Spray Park on Site
Afternoon Snack	Afternoon Snack	(Not I lovided)	(Not Provided)	4:00pm-5:00pm
(Not Provided)	(Not Provided)			Afternoon Snack (Not Provided)
<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>	<u>4:30pm – 5:30pm</u> Reflection	<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>
Pickup	Pickup	Pickup	Pickup	Pickup

^{*}Please bring correct change for all trips

^{*}Closed toe shoes are required daily and shorts are recommended

^{*}Schedules can be viewed at http://www.rockymountnc.gov/parks/

Week 8: July 30 – August 3

Monday Tues	day Wed	nesday Th	ursda <u>y</u> Frid	ay
7:30am – 9:00am	7:30am - 9:00am	7:30am - 9:00am	7:30am – 9:00am	7:30am – 9:00am
Sign in and structured free time				
9:00am - 10:00am	9:00am – 10:00am	<u>9:00am – 9:30am</u>	9:00am – 10:00am	9:00am - 3:30pm
Daily Walk	Morning exercise	Daily Walk	Morning exercise	
<u> 10:00am – 12:30am</u>	10:00am – 12:00pm	9:30am – 12:00pm	<u>10:00am – 12:00pm</u>	Rainbow
Amtrack Field Trip Wilson/Rocky Mount	Swimming at Denton Street Pool	Outside Games and Activities	Swimming at Denton Street Pool	<u>Lanes</u>
\$3.75	*Bathing suit and	"Kick Ball"	*Bathing suit and	Ages: 9-12
Due by July 19th	towel required*		towel required*	Clayton, NC
\$3.75 Per Child				\$10.00 per child
12:30pm – 1:30pm	<u>12:00pm – 1:00pm</u>	<u>12:00pm – 1:00pm</u>	12:00pm – 1:00pm	Lunch will be at
Lunch	Lunch	Lunch	Lunch	Rainbow Lanes
*Provided at Site	*Provided	*Provided	*Provided	
<u>1:30pm – 3:30pm</u>	1:00pm – 3:00pm	1:00pm – 4:00pm	1:00pm - 3:00pm	
Art Project	Structured Free Time	Talent Show @ BTW Theater	Structured Free Time	
3:30pm-5:00pm	3:00pm-5:00pm	4:00pm-5:00pm	3:00pm-5:00pm	3:30pm-5:00pm
Afternoon Snack (Not Provided)				
5:00pm – 5:30pm Reflection Time Pickup				

^{*}Please bring correct change for all trips

^{*}Closed toe shoes are required daily and shorts are recommended

^{*}Schedules can be viewed at http://www.rockymountnc.gov/parks/

Week 9: August 6 – August 10

Monday Tues	Monday Tuesday Wednesday Thursday Friday		ay	
7:30am – 9:00am	7:30am - 9:00am	7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am
Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time
<u>9:00am – 10:00am</u> Daily Walk	9:00am – 10:00am Morning exercise	<u>9:00am – 10:00am</u> Daily Walk	9:00am – 10:00am Morning exercise	<u>9:00am – 9:30am</u> Daily Walk
10:00am – 12:00am Amtrack Field Trip	10:00am – 12:00pm Swimming at Denton	10:00am – 12:00am Hot Wheels	10:00am – 12:00pm Swimming at Denton	9:30am – 12:00am Team Building Game
Wilson/Rocky Mount	Street Pool *Bathing suit and towel required*	Amusement Park Rocky Mount, NC \$5.00	Street Pool *Bathing suit and towel required*	"Octopus"
12:00pm – 1:00pm	12:00pm – 1:00pm	12:00pm – 1:00pm	12:00pm – 1:00pm	12:00pm – 1:00pm
Bag Lunches *Provided at Site	Lunch *Provided	Lunch *Provided	Lunch *Provided	Lunch Pizza Party on Site
1:00pm – 3:30pm Complete All Art Projects	1:30pm – 3:00pm Arts and Crafts	1:00pm – 3:30pm Complete All Crafts	1:00pm – 3:30pm Arts and Crafts	1:00pm – 3:30pm Movie and Popcorn
3:30pm-5:00pm Reflection Time	3:30pm-5:00pm Reflection Time	3:30pm-5:00pm Reflection Time	3:30pm-5:00pm Reflection Time	3:30pm-5:00pm Reflection Time
5:00pm – 5:30pm Pickup	<u>5:00pm – 5:30pm</u> Pickup	<u>5:00pm – 5:30pm</u> Pickup	<u>5:00pm – 5:30pm</u> Pickup	5:00pm – 5:30pm Pickup *End of Summer Camp

^{*}Please bring correct change for all trips

^{*}Closed toe shoes are required daily and shorts are recommended

^{*}Schedules can be viewed at http://www.rockymountnc.gov/parks/